INCLUSIVE PATHways TO PEACE

DIY Unlock Peace House of inner shadows

Module for DIY production

Co-funded by the European Union

AGENCY FOR MOBILITY AND EU PROGRAMMES

Udruga Studio B

Erasmus+
Enriching lives, opening minds.

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Introduction

This DIY Escape Room Module has been developed within the framework of the *Inclusive Pathways to Peace* (IPP) project, co-funded by the Erasmus+ Programme of the European Union. It serves as a practical complement to the *Methodological Guide*, together forming a complete toolkit for implementing educational escape rooms in youth work and non-formal education contexts. *"Inclusive pathways to peace, 2024-2-HR01-KA220-YOU-000279458"* is an Erasmus+ Cooperation Partnership in the field of youth, coordinated by Association Studio B (Croatia) with partners from Serbia (Udruženje Svetlost), Spain (ASOCIACIÓN JUVENIL ERASMIAU), and Cyprus (NEOLEA GIA ANTALAGI KAI KATANOISI– Youth for Exchange and Understanding). The project aims to promote peace, tolerance, and inclusion by developing innovative educational tools for youth and youth practitioners. Through *participatory action research* and creative *game-based learning* methods, partners are co-creating open educational resources — including interactive escape rooms enhanced with 360° and augmented reality elements — that support young people in building empathy, communication, and conflict resolution skills. By combining non-formal education and digital innovation, the project seeks to strengthen the quality of youth work and contribute to more cohesive, democratic, and peaceful communities across Europe.

While the *Methodological Guide* provides theoretical foundations, methodological principles, and detailed instructions for setting up and facilitating the activity, this *DIY Module* contains all the necessary elements to be printed, assembled, and used during implementation. These include puzzles, clues, visual elements, and other components designed to support experiential learning on the topics of peace, inclusion, and conflict resolution.

Used together, the *Methodological Guide* and the *DIY Escape Room Module* enable youth practitioners to create immersive, participatory, and educational experiences that foster collaboration, empathy, and critical thinking among young people.

How to use this module:

All elements in this module are marked with the letter "**E**" followed by a number (e.g., *E1, E2, E3...*). This numbering corresponds to the instructions provided in Chapter *1.5 How to Set Up the Room* of the *Methodological Guide* and will help you correctly position each element within the escape room.

Please follow these guidelines when preparing the materials:

- → Printing: Print all elements one-sided, using print settings set to "Fit to Page", unless otherwise specified in the notes accompanying each element number.

- → Cutting and preparation: Each page includes a header and footer containing the element number and project information. These sections should be cut off before use. Players should only see the element itself — not the numbering or any technical markings.

- → Additional instructions: Next to some element numbers, you may find specific preparation notes such as *"cut on marked lines," "print on vellum paper,"* or *"fold in three parts."* Please follow these directions carefully.
  If no specific instruction is provided, *simply print the page* and cut away the header, footer, and element number before using it in the escape room.

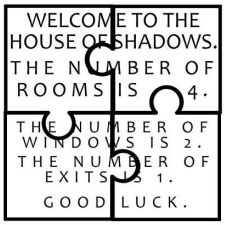
By following these steps, you will ensure the materials are prepared correctly, and the gameplay remains fully immersive for participants.



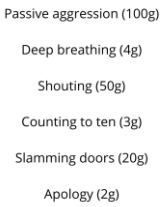
Reference sheet:

Glue the puzzle pieces to the

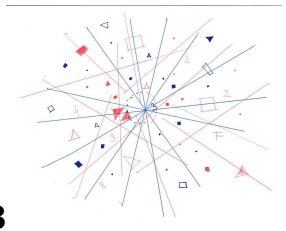
cardboard to make it easier to assemble.



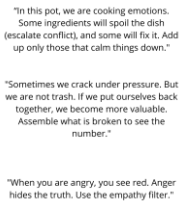
E1



E2



E3



E4



E5



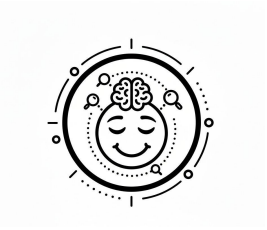
E6



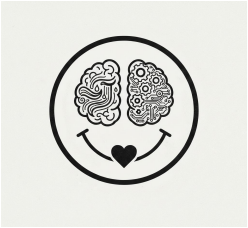
E6



E6



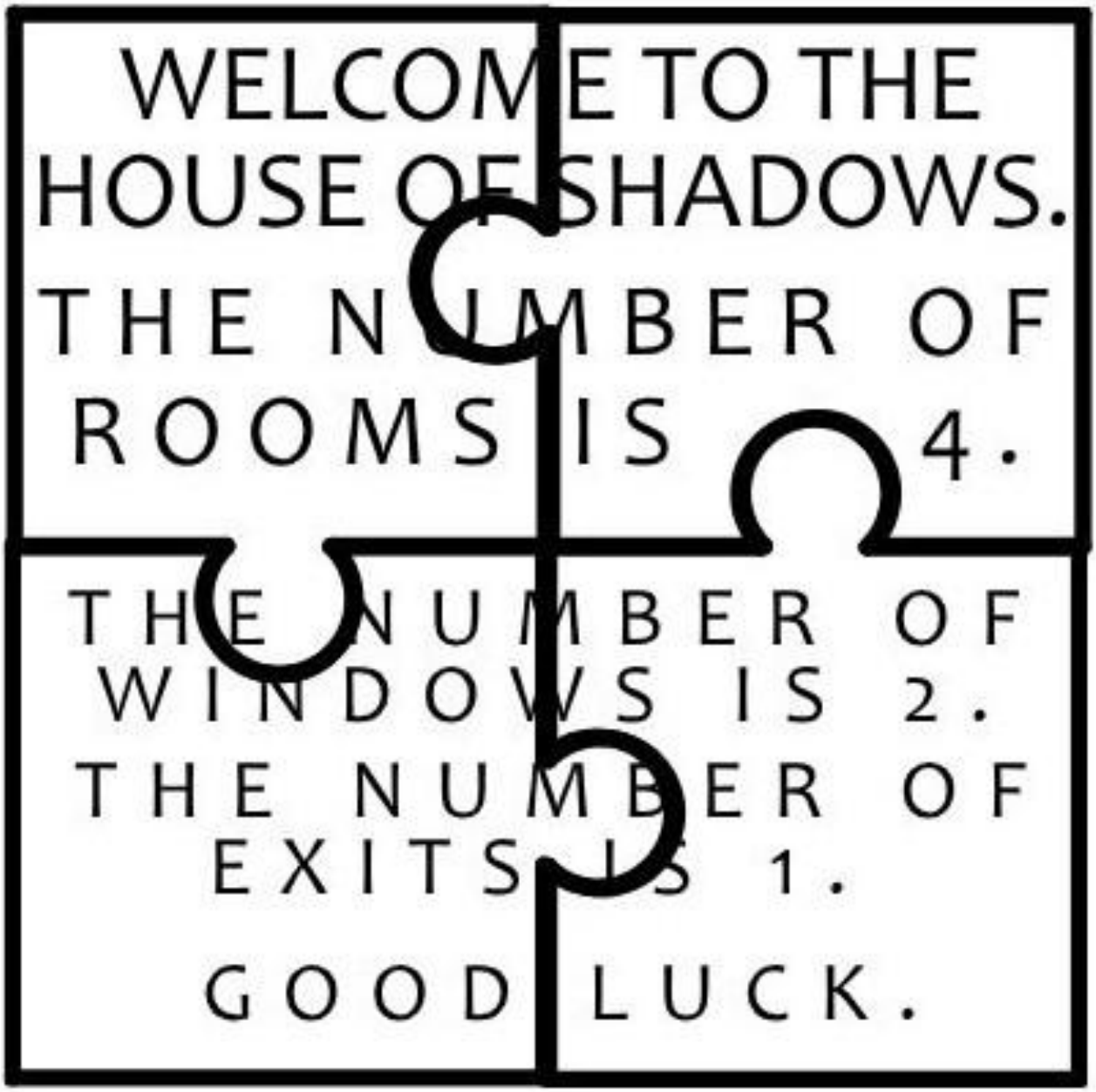
E6



E6



E7


WELCOME TO THE HOUSE OF SHADOWS.
THE NUMBER OF ROOMS IS 4.
THE NUMBER OF WINDOWS IS 2.
THE NUMBER OF EXITS IS 1.
GOOD LUCK.

Passive aggression (100g)

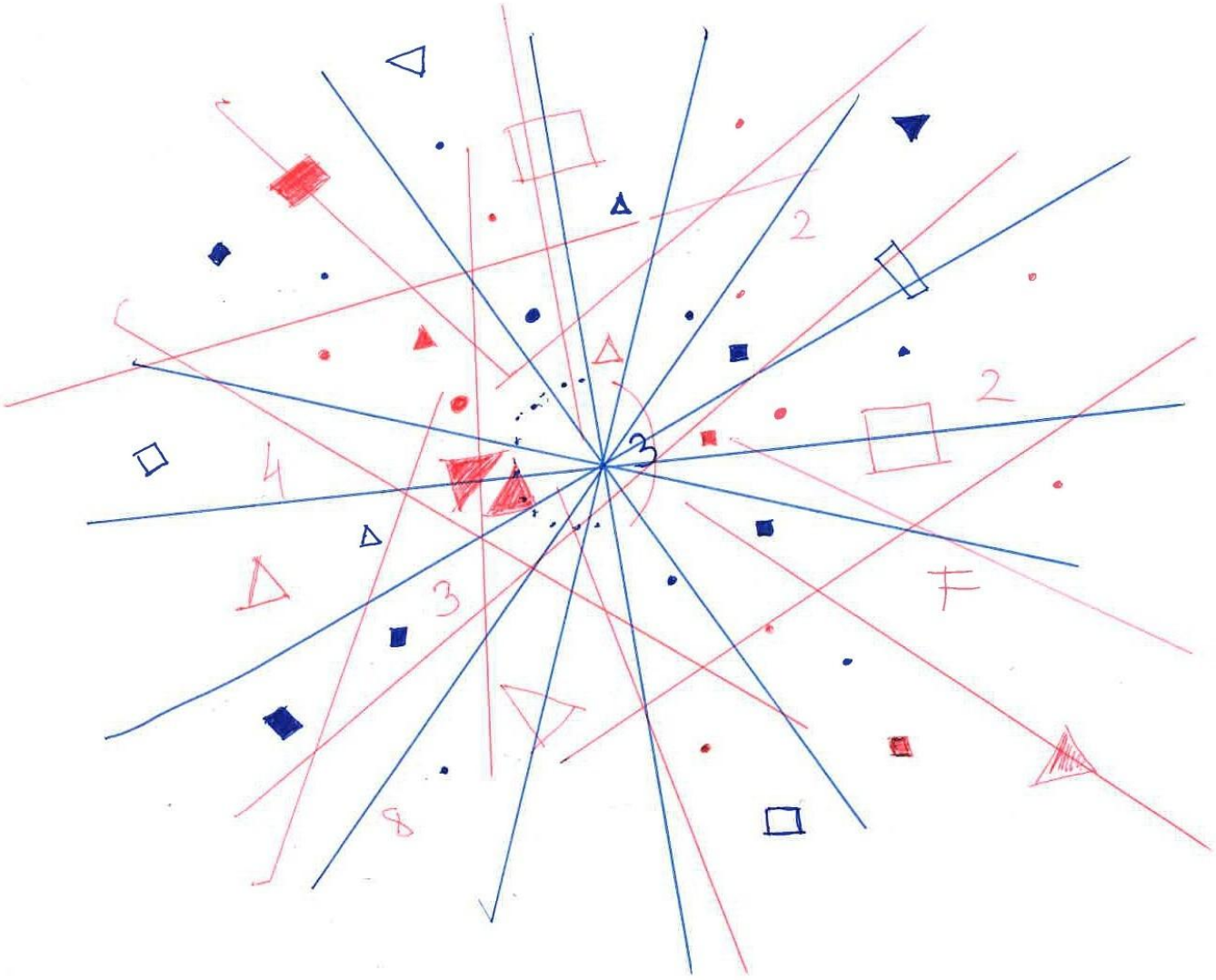
Deep breathing (4g)

Shouting (50g)

Counting to ten (3g)

Slamming doors (20g)

Apology (2g)


2
2
4
3
3
8

“In this pot, we are cooking emotions. Some ingredients will spoil the dish (escalate conflict), and some will fix it. Add up only those that calm things down."

"Sometimes we crack under pressure. But we are not trash. If we put ourselves back together, we become more valuable. Assemble what is broken to see the number."

"When you are angry, you see red. Anger hides the truth. Use the empathy filter."

"Behind every smile, a secret lies buried."

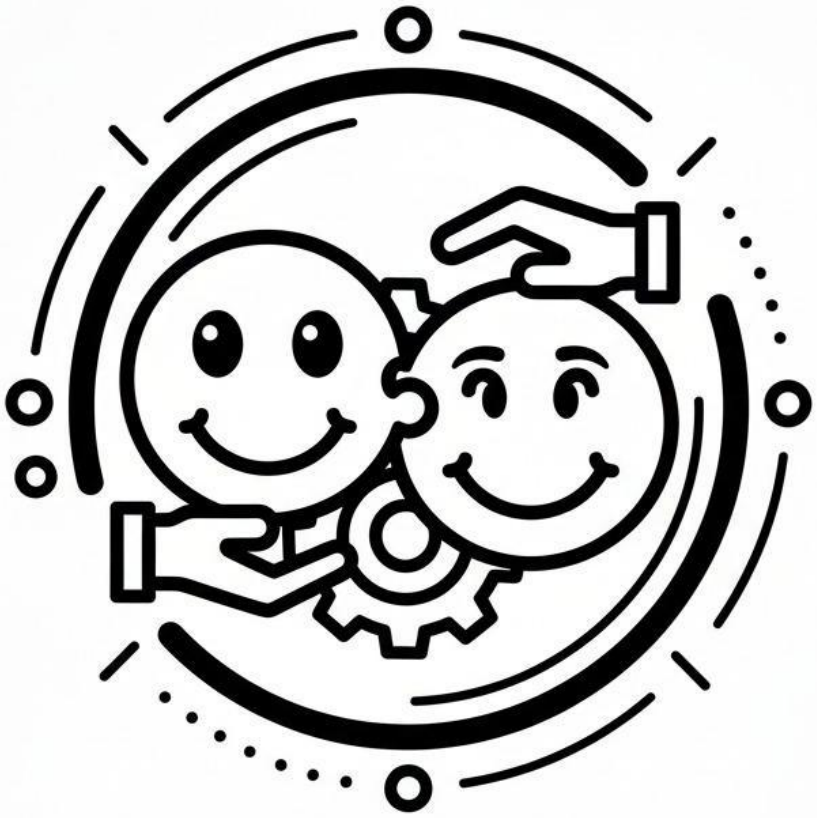
Use your phone to unmask the grinning shadows by visiting



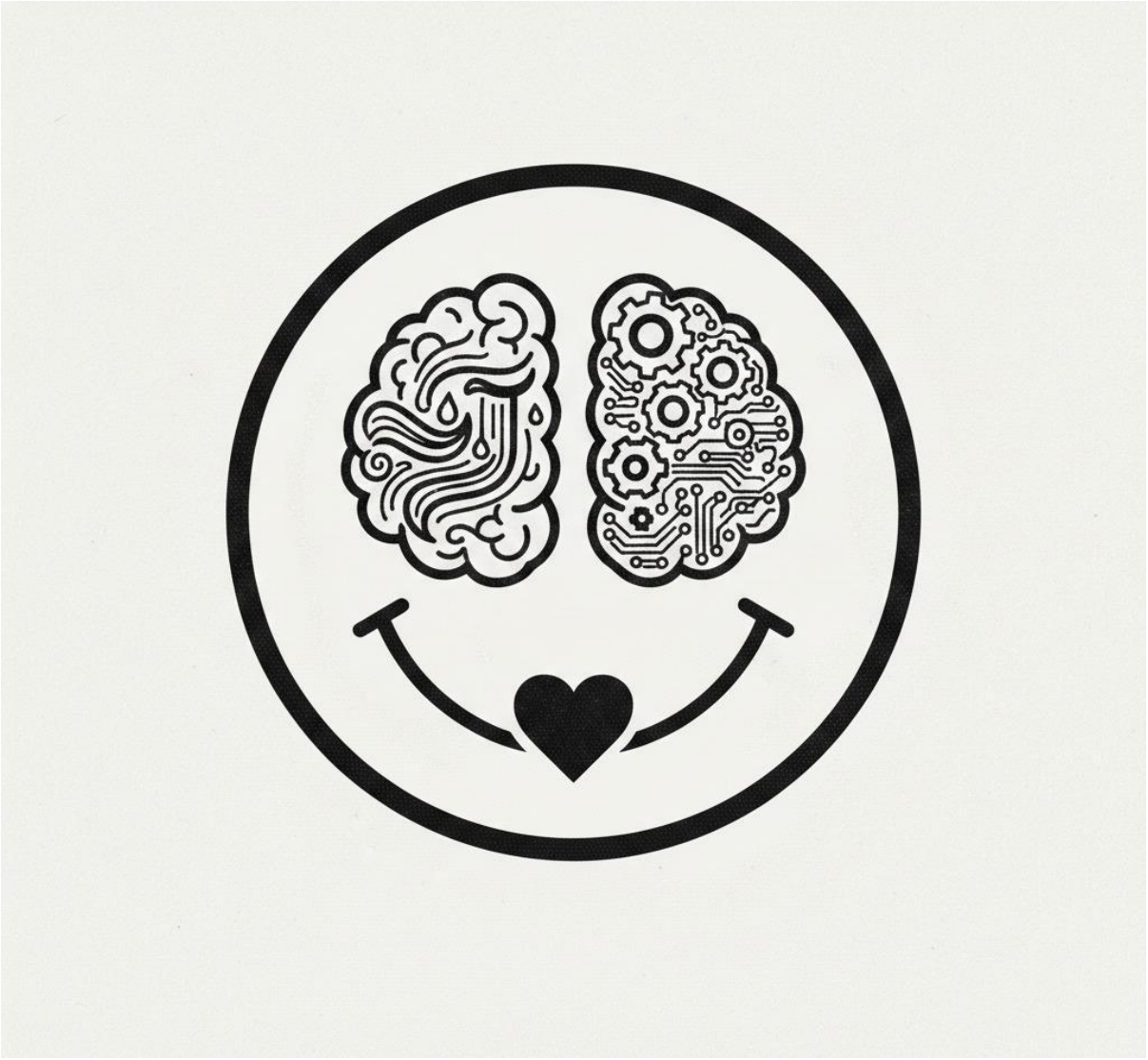
Scan the smiles to unlock the words they guard. These fragments will lead you to the Family—those who remain trapped in the corners of time. Seek them out to hear their stories and feel the weight of the burdens they never spoke of.”











THE ONLY
PERSON
WHO CAN SAVE
YOU
IS LOOKING AT
YOU
RIGHT NOW

Impressum

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